




MAY 2018

Choice of Salad Bar- 4th thru 12th grade

MILK SERVED DAILY

HS GRAB & GO CHOICES
 Cereal/Cereal Bar
 Toast/Biscuit
 Yogurt
 Milk
 Fruit

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Ham & Cheese biscuit or Cereal & biscuit, fruit <hr/> Softshell tacos Lettuce, cheese, salsa Refried beans, Fruit	2 Breakfast burrito w/ salsa or Cereal & toast, fruit <hr/> Spaghetti Breadstick Broccoli Corn Pears	3 Sausage biscuit or Cereal & biscuit, fruit <hr/> Pork Roast mashed potatoes w/gravy Green beans Roll Cinnamon Apples	4 Biscuit & Gravy or Cereal & biscuit, fruit <hr/> Chicken nuggets Macaroni & cheese Cooked carrots Fruit	5
6 <i>Breakfast</i> <i>Biscuit + Gravy</i> <i>Biscuit + Cereal</i> <i>Fruit</i>	7 Oatmeal or cereal & muffin, applesauce, milk <hr/> 6th grade choice Fried chicken strips Mashed potatoes Brown gravy Green beans, Hot Roll Strawberries Chocolate lava cake	8 Ham & Cheese biscuit or Cereal & biscuit, fruit <hr/> Burrito Lettuce, cheese, salsa Refried beans Fruit	9 Breakfast burrito w/ salsa or Cereal & toast, fruit <hr/> Pizza Breadstick Broccoli w/dip Corn Pears	10 Sausage biscuit or Cereal & biscuit, fruit <hr/> Chicken & noodles Mashed potatoes Green beans Roll Applesauce	11 Biscuit & Gravy or Cereal & biscuit, fruit <hr/> Chicken patty on bun Pasta salad Cooked carrots Fruit	12
13 NO SALAD BAR THIS WEEK	14 Scrambled eggs or Cereal, toast, fruit <hr/> Pork Riblet on bun Potato wedges Carrots w/dip Peaches	15 Ham & Cheese biscuit or Cereal & biscuit, fruit <hr/> Deli Sandwich Chips Carrots/celery sticks Fresh Fruit Cookie	16 Breakfast burrito w/ salsa or Cereal & toast, fruit <hr/> COOK'S CHOICE	17 Sausage biscuit or Cereal & biscuit, fruit <hr/> COOK'S CHOICE	18 Biscuit & Gravy or Cereal & biscuit, fruit <hr/> COOK'S CHOICE <u>Early out 12:38</u>	19
20	21	22	23 	24	25	26
27	28 HAVE	29 A	30 GREAT	31 SUMMER!		

This institution is an equal opportunity provider. On June 2, 2015 the Office of the Assistant Secretary for Civil Rights' Policy staff, released Departmental Regulation (DR) 4300-003, Equal Opportunity Public Notification Policy. The DR updates the nondiscrimination Statement and the "And Justice for All" poster. Provided is a link to the DR - <http://dese.mo.gov/sites/default/files/DR-EqualOpportunity.pdf>. Please note, the USDA Nondiscrimination Statement provided above is appropriate for all Child Nutrition Programs