



March 2018

Choice of Salad Bar- 4th thru 12th grade

MILK SERVED DAILY



HS GRAB & GO CHOICES
 Cereal/Cereal Bar
 Toast/Biscuit
 Yogurt
 Milk
 Fruit

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Sausage biscuit or Cereal & biscuit, fruit Chicken & noodles Mashed potatoes Green beans Roll Cinnamon apples	2 Biscuit & gravy or Cereal & biscuit, fruit Chicken patty on bun Pasta salad Cooked carrots Mixed fruit	3
4	5 Oatmeal or Cereal, muffin, fruit Grilled cheese Vegetable soup Carrots w/dip Peaches	6 Ham & cheese biscuit or Cereal & biscuit, fruit Softshell tacos Lettuce, cheese, salsa Refried beans Pineapple	7 Breakfast burrito w/salsa or Cereal & toast, fruit Chili, crackers, cheese Dill pickle Broccoli w/dip Cinnamon Roll Pears	8 Sausage biscuit or Cereal & biscuit, fruit Turkey & noodles Mashed potatoes Green beans Roll Applesauce	9 Biscuit & gravy or Cereal & biscuit, fruit BBQ Chicken on bun Pasta salad Cooked carrots Mixed fruit	10
11 DAYLIGHT SAVINGS TIME BEGINS 	12 Scrambled eggs or Cereal, toast, fruit Mini Corn dogs Potato wedges Carrots w/dip Peaches	13 Ham & cheese biscuit or Cereal & biscuit, fruit Burrito Lettuce, cheese, salsa Refried beans Pineapple	14 Breakfast burrito w/salsa or Cereal & toast, fruit Pizza Breadstick Broccoli w/dip Corn Pears	15 Sausage biscuit or Cereal & biscuit, fruit Beef & noodles Mashed potatoes Green beans Roll Cinnamon apples	16 Biscuit & gravy or Cereal & biscuit, fruit Chicken nuggets Macaroni and Cheese Cooked carrots Mandarin oranges	17 
18	19 Oatmeal or Cereal, muffin, fruit Deli Sandwich Sweet potato fries Carrots w/dip Peaches	20 Ham & cheese biscuit or Cereal & biscuit, fruit Enchilada Lettuce, cheese, salsa Refried beans Pineapple	21 Breakfast burrito w/salsa or Cereal & toast, fruit Spaghetti Breadstick Broccoli w/dip Corn Pears	22 Sausage biscuit or Cereal & biscuit, fruit Ham Scalloped potatoes Green beans Roll Applesauce	23 Biscuit & gravy or Cereal & biscuit, fruit Chicken patty on bun Pasta salad Cooked carrots Mixed fruit	24
25	26 Scrambled eggs or Cereal, toast, fruit Cheeseburger on bun Potato Smiles Carrots w/dip Peaches	27 Ham & cheese biscuit or Cereal & biscuit, fruit Chicken wrap Lettuce, cheese, salsa Refried beans Pineapple peaches	28 Breakfast burrito w/salsa or Cereal & toast, fruit Pizza Breadstick Broccoli w/dip Corn Pears	29 NO SCHOOL	30 NO SCHOOL	31 SPRING BREAK!

This Institution is an equal opportunity provider. On June 2, 2015 the Office of the Assistant Secretary for Civil Rights' Policy staff, released Departmental Regulation (DR) 4300-003, Equal Opportunity Public Notification Policy. The DR updates the nondiscrimination Statement and the "And Justice for All" poster. Provided is a link to the DR - <http://dese.mo.gov/sites/default/files/DR-EqualOpportunity.pdf>. Please note, the USDA Nondiscrimination Statement provided above is appropriate for all Child Nutrition Programs