




March 2019

Choice of Salad Bar-- 4th thru 12th grade MILK SERVED DAILY

HS GRAB & GO CHOICES
 Cereal
 Cereal Bar
 Fruit
 Yogurt
 Milk
 Juice

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Biscuit & Gravy Chicken Patty on Bun Pasta Salad Cooked Carrots Mixed Fruit	2
3	4 Oatmeal Cheeseburger on Bun Sweet Potato Fries Dill Pickle Slices Carrots & Dip Peaches	5 Sausage Biscuit Burrito Lettuce, Cheese, Salsa Refried Beans Tortilla Chips Pineapple	6 Breakfast Burrito Pizza Breadstick & Marinara Sauce Broccoli & Dip Corn Pears	7 Pancakes Chicken Patty Mashed Potatoes & Gravy Green Beans Roll Applesauce	8 Biscuit & Gravy Chicken Nuggets Macaroni & Cheese Spinach Mandarin Oranges	9
10	11 Scrambled Eggs Grilled Ham & Cheese Sandwich Tomato Soup Carrots & Dip Peaches	12 Ham & Cheese Biscuit Softshell Taco Lettuce, Cheese, Salsa Refried Beans Mexican Rice Pineapple	13 Breakfast Burrito Spaghetti & Meat Sauce Garlic Breadstick Broccoli & Dip Pears	14 Pancakes Chicken & Noodles Mashed Potatoes Green Beans Roll Applesauce	15 Biscuit & Gravy Chicken Patty on Bun Pasta Salad Cooked Carrots Mixed Fruit EARLY OUT 12:38	16
17 	18 Oatmeal Grilled Cheese Vegetable Soup Carrots & Dip Peaches	19 Sausage Biscuit Chicken & Cheese Enchilada Lettuce, Salsa Refried Beans Tortilla Chips Pineapple	20 Breakfast Burrito Pizza Breadstick & Marinara Sauce Broccoli & Dip Corn Pears	21 Pancakes Meatloaf Mashed Potatoes & Gravy Green Beans Roll Cinnamon Apples	22 Biscuit & Gravy Chicken Nuggets Macaroni & Cheese Broccoli & Dip Mandarin Oranges	23
24	25 Scrambled Eggs Pork Riblet on Bun Potato Wedges Carrots & Dip Peaches	26 Ham & Cheese Biscuit Chicken Wrap Lettuce, Cheese, Salsa Refried Beans Mexican Rice Pineapple	27 Breakfast Burrito Chicken Alfredo Garlic Breadstick Broccoli Lettuce Salad Pears	28 Pancakes Beef & Noodles Mashed Potatoes Green Beans Roll Applesauce	29 Biscuit & Gravy Fish Sandwich Cole Slaw Baked Beans Mixed Fruit EARLY OUT 12:38	30/31

"This institution is an equal opportunity provider." On June 2, 2015 the Office of the Assistant Secretary for Civil Rights' Policy staff, released Departmental Regulation (DR) 4300-003, Equal Opportunity Public Notification Policy. The DR updates the nondiscrimination Statement and the "And Justice for All" poster. Provided is a link to the DR - <http://dese.mo.gov/sites/default/files/DR-EqualOpportunity.pdf>. Please note, the USDA Nondiscrimination Statement provided above is appropriate for all Child Nutrition Programs