



September 2022

MILK SERVED DAILY

HS GRAB & GO CHOICES
 Cereal
 Cereal Bar
 Fruit
 Yogurt
 Milk
 Juice

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				<u>1 Sausage Biscuit</u> Taco Salad Salsa Refried Beans Pineapple	<u>2 Biscuits and Gravy</u> Chicken Patty Potato Wedges Carrots Mixed Fruit	3
4	5 NO SCHOOL	<u>6 French Toast</u> BBQ Sandwich Baked Beans Broccoli/Dip Mandarin Oranges	<u>7 Muffin Oatmeal</u> Pizza Corn Peaches Cookie	<u>8 Eggs/Toast</u> Chili/Crackers Cheese Carrots/Dip Cinnamon Rolls Applesauce	<u>9 Biscuits and Gravy</u> Chicken Strips Chips Green Beans Mixed Fruit	10
11	12 NO SCHOOL	<u>13 Pancakes</u> Sloppy Joe Tater Tots Peas Pears	<u>14 Breakfast Pizza</u> Meatball Subs Chips Broccoli Peaches	<u>15 Egg Sausage Biscuit</u> Taco Lasagna Salad Refried Beans Pineapple	<u>16 Biscuits and Gravy</u> Corn Dogs Cheesy Potatoes Carrots Mixed Fruit Cookie	17
18	19 NO SCHOOL	<u>20 Bagels</u> Grilled Cheese Tomato Soup Broccoli/Dip Pears	<u>21 Breakfast Burrito</u> Ravioli/Sauce Breadstick Corn Peaches	<u>22 Sausage Biscuit</u> Tater Tot Casserole Green Beans Peas Hot roll Cookie	<u>23 Biscuits and Gravy</u> Chicken Patty Potato Wedges Carrots Mixed Fruit	24
25	26 NO SCHOOL	<u>27 Waffles</u> Cheeseburger Pickles Chips Green Beans Pears	<u>28 Breakfast Tornado</u> Spaghetti Breadstick Broccoli Peaches	<u>29 Eggs/Toast</u> Burritos Salad Refried Beans Pineapple	<u>30 Biscuits and Gravy</u> Hot Dogs French Fries Peas Apple Sauce Cookie	

"This institution is an equal opportunity provider." On June 2, 2015 the Office of the Assistant Secretary for Civil Rights' Policy staff, released Departmental Regulation (DR) 4300-003, Equal Opportunity Public Notification Policy. The DR updates the nondiscrimination Statement and the "And Justice for All" poster. Provided is a link to the DR - <http://dese.mo.gov/sites/default/files/DR-EqualOppportunity.pdf>. Please note, the USDA Nondiscrimination Statement provided above is appropriate for all Child Nutrition Programs